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SILK ROAD

spa menu



experience bliss

the spa at silk road



Featuring fresh, organic,
all natural skin and bodycare
products that are expertly
blended using essential
oils and plant based,
biodegradable ingredients.

spa packages



floating cloud

1 hr spa massage

1 hr spa facial

2 hrs \$117

euphoria

1 hr spa massage

1 hr spa facial

1 hr spa wrap

3 hrs \$193.50

eternal spring

1 hr spa massage

1 hr spa scrub

1 hr spa wrap

3 hrs \$220.50

renewal

1 hr palace pedicure

1 hr mandarin manicure

1 hr spa facial

3 hrs \$148.50

temple

1 hr palace pedicure

1 hr mandarin manicure

1 hr double happiness

3 hrs \$157.50

heaven & earth

select 3 or more

1 hr spa services per person
and receive 10% off

popular gift combos

1.5 hr facial

1/2 hr hand & arm massage

2 hrs \$110

1 hr facial

1/2 hr shoulder & neck massage

1.5 hrs \$90

1 hr palace pedicure

1/2 hr foot massage

1.5 hrs \$90

During packages, each service can often be accomplished in a shorter time period. For that reason the length of time listed for each spa package is approximate.

Package discount is per person, and services must be experienced in one visit.

spa facials



Our facials are customised for your skin type. All facials include a soothing eye treatment that reduces puffiness and refreshes, as well as a mini hand and arm massage.

For extra pampering, add an aromatherapy **1/2 hr hand & arm massage**, or **1/2 hr shoulder & neck massage** to any facial for only **\$35**.

1 hr facials include cleansing, exfoliation, moisturising face massage with aromatherapy oils, balancing mask and hot aromatic towels.

1.5 hr facials include cleansing, exfoliation, pressure point and lymphatic face massage to stimulate skin renewal, balancing mask, hot aromatic towels and a mini neck and shoulder massage.

See following pages for the different facials that we offer:

Please note that the listed service times are approximate, and reflect the full booking time of the services (consultation, as well as treatment time). Refer to spa etiquette for details.

elixir facial

Improve skin texture and draw out impurities with the deep cleaning properties of marine extracts and essential oils. Give your skin a boost and emerge with a luxurious, glowing complexion. Beneficial for all skin types. Ideal for normal, oily and congested skin.

1 hr \$55 | 1.5 hrs \$75

green tea facial

Experience an ancient beauty secret of the Orient. Benefit from the antioxidant power of green tea and the regenerative effect of essential oils with this nutrient rich, restorative facial. Prevent fine lines, smooth and soften the complexion. Beneficial for all skin types. Ideal for normal, dry, mature, sensitive and sun damaged skin.

1 hr \$55 | 1.5 hrs \$75

imperial dragon facial

A rejuvenating, stress-relieving facial designed specifically for men's skin. Purifies, revitalises and renews the complexion. Counteracts dehydration and soothes irritation caused by shaving. Beneficial for all men's skin types.

1 hr \$55 | 1.5 hrs \$75

treatment facial

Restore your skin's natural vitality with a therapeutic facial designed specifically for problem skin. Benefit from an expert assessment of your skin's unique needs. Learn how to care for your complexion. Ease dryness and irritation, or target breakouts and enlarged pores. Beneficial for all skin types. Ideal for sensitive, combination, dry, oily, congested and teen skin.

1 hr \$55 | 1.5 hrs \$75



foot and hand treatments

double happiness

Renew and pamper hands and feet. An invigorating scrub softens dry, rough skin. Warm compresses hydrate and stimulate the circulation. Followed by a hand and foot massage with nourishing oils.

1 hr \$65

foot massage

Every part of the body is connected to the feet by nerve pathways and energy channels. Put the spring back into your step with a hot aromatic foot wrap, and a foot and leg massage with aromatherapy oils.

1 hr \$75

Please note that the listed service times are approximate, and reflect the full booking time of the services (consultation, as well as treatment time). Refer to spa etiquette for details.

foot and hand treatments

mandarin manicure (for men and women)

An entirely natural, chemical-free manicure. Includes hot aromatic towels, a cuticle treatment, nail shaping and buffing, and a mini hand & arm massage. Natural buffing reduces the appearance of ridges and imperfections, and leaves nails shiny, as though clear polish has been applied (lasts longer than polish too!). Receive a complimentary nail buffer to take home. Please note- we do not apply polish and recommend you remove polish prior to the service.

1 hr \$55

SPECIAL OFFER: Add a 1/2 hr hand & arm massage for only \$35

Moisture-rich, soothing aromatherapy oils soften skin while rejuvenating you!

foot and hand treatments

palace pedicure (for men and women)

An entirely natural, chemical-free pedicure. Renew feet with an aromatherapy foot soak, callus and cuticle softening treatment, callus removal and nail trim. Natural buffing reduces the appearance of ridges and imperfections, and leaves nails shiny, as though clear polish has been applied (lasts longer than polish too!). Receive a complimentary nail buffer to take home. Includes a reflex point session to activate circulation and refresh the entire body. Please note- we do not apply polish and recommend you remove polish prior to the service.

1 hr \$55

SPECIAL OFFER: Add a 1/2 hr foot massage: for only \$35

Moisture-rich, revitalizing aromatherapy oils soften skin and rejuvenate.

Please note that the listed service times are approximate, and reflect the full booking time of the services (consultation, as well as treatment time). Refer to spa etiquette for details.

spa massage



Energize, balance or relax while tension melts away. Instill a sense of well-being and calm. Massage releases tension, promotes relaxation, eases aches and pains, tones muscles, increases flexibility and circulation, enhances lymphatic drainage and boosts the immune system. Our qualified practitioners combine soothing, Swedish style massage with calming, gentle strokes and ancient acupressure techniques to enhance energy flow, alleviate stress and bring about a state of rejuvenation. Each massage is customised to your specific needs and preferences. All massages utilise aromatherapy oils.

1 hr \$75 | 1.5 hrs \$105

Please note that the listed service times are approximate, and reflect the full booking time of the services (consultation, as well as treatment time). Refer to spa etiquette for details.



express chair massage

Rejuvenate, refresh and ease tension with an express chair massage. Performed over clothing while you are seated on a massage chair. A wonderful pick-me up on a lunch break, after work, or while you're doing errands. Book in advance, or ask if we have any drop-in appointments available.

10 min \$15 | 20 min \$25



back scrub

A deeply relaxing treatment for your back. Consists of a cleanse, an exfoliating scrub with mineral rich sea salts and moisturizing oils, and a relaxing back massage. A balancing mask is then applied, followed by a soothing scalp massage, hot aromatic towels, and an application of aromatherapy oil. The back scrub is an excellent treatment for re-balancing oily, acneic or dry skin on the back.

1 hr \$65

Please note that the listed service times are approximate, and reflect the full booking time of the services (consultation, as well as treatment time). Refer to spa etiquette for details.

spa scrub



Mineral rich sea salts are combined with aromatherapy oils to create a purifying scrub that is massaged over arms, legs and back to exfoliate and soften rough, dry areas. The scrub is then removed with hot towels infused with green tea. Leaves your skin velvety soft and glowing. Also benefits the circulation, assists in the elimination of impurities and stimulates cellular regeneration.

1 hr \$85

spa wrap



Nourish, hydrate and tone the skin, while promoting the elimination of impurities. Our wraps begin with a gentle dry exfoliation to enhance nutrient absorption. Remineralizing seaweed mud is applied along the spine, followed by a fragrant cocoon of hot towels infused with green tea, sea and mineral salts. Enjoy a pressure point face massage during the wrap. A final application of aromatherapy oil leaves your skin silky soft.

1 hr \$85

Please note that the listed service times are approximate, and reflect the full booking time of the services (consultation, as well as treatment time). Refer to spa etiquette for details.

spa etiquette



The listed service times throughout the spa menu are approximate and include consultation with the practitioner, as well as treatment time. There is a specific amount of time built in to each service to allow for the consultation, as well as for customisation of the service using products that are most appropriate for each client at that time. The booking time also allows for the amount of time it takes to get into the spa bed, and get up afterwards.

For additional info about spa etiquette, visit www.silkroadtea.com.

Our qualified practitioners are certified in their particular area of expertise.

24 hours notice is required to cancel or rebook a 1 hour spa service; 48 hours notice is needed for bookings that exceed 1 hour. 50% of the service value will be charged when services are missed, cancelled or re-scheduled without adequate notice

To maintain the serenity of the spa and to enhance your own relaxation, we ask that cell phones, watch alarms and pagers are turned off.

spa etiquette

Please arrive 10 to 15 minutes early for services in order to check in, arrange payment and unwind with a cup of tea. Arriving late will shorten your service time. In consideration of all clients, your service will end at the scheduled time.

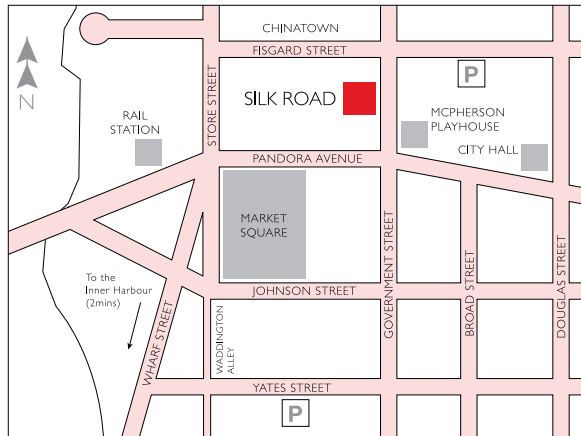
We do not perform spa services on children - clients must a minimum of 16 years of age. Please also note that we cannot accommodate infants and children during your spa service.

Tax and gratuities are not included in the price of services.

Prices subject to change without notice.

For additional info about spa etiquette, visit www.silkroadtea.com.

As most appointments exceed the time allowed by parking meters, we recommend the use of parkades and provide First Hour Free vouchers for City of Victoria parkades.



GIVE THE GIFT OF RELAXATION
buy a Silk Road Spa Gift Certificate.

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Open monday to saturday 10-6
and sunday 11-5.

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